



## **WILDERNESS FIRST RESPONDER RECERTIFICATION**

Sponsored by Cottonwood Gulch Expeditions and NOLS Wilderness Medicine

**DATES: May 25-27, 2019**

**COST: \$290**

**LOCATION: Bachechi Open Space, Albuquerque, NM**

### **COURSE DESCRIPTION**

Review, practice, and stay on top of your skills with NOLS Wilderness Medicine's Wilderness First Responder Recertification Course. This scenario-based approach to recertification provides the opportunity to test your skills against realistic situations.

You will practice and relearn wilderness medicine protocols, review evacuation and decision making guidelines, and receive the latest curriculum updates over the course of three days.

You are required to complete both written and practical testing to recertify on this Recertification course. To achieve a passing score (70%) on the written multiple-choice exam, you must review previous course materials. Please come prepared.

These online resources will assist you:

[www.nols.edu/en/resources/wilderness-medicine-resources/](http://www.nols.edu/en/resources/wilderness-medicine-resources/)

Upon successful course completion, dependent on your current certification, you will earn the one of your NOLS Wilderness Medicine certifications: Wilderness Advanced First Aid/Wilderness First Responder/Wilderness EMT, Adult and Child CPR & Airway Management; and Epinephrine Auto-injector.

### **CLASS FORMAT AND PERSONAL PREPAREDNESS**

Check in is at 7:45 a.m. on the first day of the course. Course days run from 8:00 a.m. to 5:00 p.m. Attendance is required at all classes. The course consists of demonstrations, a few short lectures, skills practice sessions, and many practical scenarios.

Scenarios and practice sessions will take place both inside and outside. Bring outdoor clothing appropriate for lying on the potentially wet, snowy, or cold ground playing the role of both rescuer and patient.

Frequently stage-blood and make-up are used to enhance the realism of a scenario. The classroom environment often lends itself to a pair of comfy shoes and a camp chair.

## **PACKING CHECKLIST**

- ✓ Notebook and pencil or pen
- ✓ Watch with second hand or digital second
- ✓ Sunglasses and hat
- ✓ Water bottle
- ✓ Light day pack
- ✓ Waterproof outerwear top and bottom
- ✓ Light hiking boots or sturdy shoes
- ✓ Clothing layers that allow you to be comfortable in a variety of weather conditions
- ✓ Slippers or comfortable shoes for classroom time (optional)
- ✓ Camp chair for classroom time (optional)

## **COURSE OUTLINE**

For the full course outline, visit the WFR Recertification course page:

[www.nols.edu/en/coursefinder/courses/wilderness-first-responder-recertification-WFRR/](http://www.nols.edu/en/coursefinder/courses/wilderness-first-responder-recertification-WFRR/)

## **WAF/WFR/WEMT RECERTIFICATION REQUIREMENTS**

### **NOLS Wilderness Medicine Graduates**

NOLS Wilderness Medicine certification holders will be afforded a one-year period after expiration within which to recertify. This one-year re-entry period is only offered to those certified through NOLS Wilderness Medicine. Enrolled students must bring their certification card to the course so that the instructor can verify the expiration date.

### **Graduates from Other Wilderness Medicine Providers**

NOLS Wilderness Medicine welcomes eligible graduates from other providers to recertify on our Wilderness First Responder Recertification course or our Hybrid Wilderness First Responder Recertification course. To be eligible for recertification you must possess a current (unexpired) WAF/A certification, WFR certification from a provider whose WFR course is a minimum of 70 hours, or WEMT certification.

There is no re-entry period once your certification expires. It is your responsibility to make sure your certification meets this standard. If you are unsure, please contact NOLS Wilderness Medicine to verify your certification qualifies before enrolling in a course.

Students certified by other wilderness medicine providers are required to submit a photocopy of their unexpired certification card on the first day of the course. We cannot issue you a new card until we have verified your previous training.

Students recertifying the wilderness portion of their WEMT certification must submit a photocopy of their current EMT card on course.

## REGISTRATION

Tuition payment in full is required to reserve your spot in the course. You may register and pay at: <http://www.cottonwoodgulch.org/treks/wilderness-medicine-courses/>

The tuition fee includes instruction, textbooks, equipment use, certification, and continuing education credits.

A full refund will be given if we need to cancel the course for any reason.

## NOLS WILDERNESS MEDICINE STUDENT AGREEMENT

Please download this agreement and read it very carefully as it affects your legal rights: [www.nols.edu/en/filer/public/1481683959/906/](http://www.nols.edu/en/filer/public/1481683959/906/)

Bring the two-page signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document. Without a signed document, you cannot participate in the course.

**NOLS Wilderness Medicine participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the NOLS Wilderness Medicine program and are at the sole risk of the participant.**

## NOLS WILDERNESS MEDICINE POLICIES.

### Cancellations

If you cancel or withdraws from a course:

- Greater than or equal to 30 days prior to the course start date, NOLS Wilderness Medicine will retain a \$35.00 administrative fee. The remainder of tuition collected to date will be refunded.
- Within 30 days of the course start date, tuition is non-refundable and non-transferable as per the following:
  - WFA, WFR-R, WMPP – loss of full tuition.
  - WFR, WAFA, WUMP – loss of course deposit.
- Once the course begins, no refunds will be awarded. All course registrations are non-transferable.

### Pets

Pets are not allowed at the course site. This includes leashing them outside. Any student bringing a pet to class will be asked to leave until the pet is safely situated in a kennel or other facility. No exceptions.

### Alcohol and Tobacco

No alcohol or tobacco is allowed on site.

## CONTINUING EDUCATION AND COLLEGE CREDITS

### EMT Continuing Education

NOLS Wilderness Medicine is proud to be a Commission on Accreditation of Pre-Hospital Continuing Education (CAPCE) accredited organization. Current EMTs are eligible to receive 18 CEU hours for participation in a Wilderness First Responder course. Please bring a photocopy of your current EMT card(s) with you to your course.

More information on continuing education credits can be found here:

[www.nols.edu/en/resources/credit-continuing-education/continuing-education/](http://www.nols.edu/en/resources/credit-continuing-education/continuing-education/)

### **Pre-Course Access to College Credit**

The WFR Recert course is pre-approved for one semester hour credit through Western State Colorado University (WSCU) for an additional cost of \$80. Thirty days **prior** to the NOLS Wilderness Medicine course, interested students must initiate registration and payment for credit by requesting an enrollment form for WSCU from NOLS Wilderness Medicine.

### **TRAVEL AND DIRECTIONS**

**Bachechi Open Space 9521 Rio Grande Blvd NW, Albuquerque, NM 87114** From the North and South, take I-25 to the Alameda exit. From the East or West travel on Interstate 40 until you reach Interstate 25 North. Take the Alameda Exit off I-25. Then, from the Alameda Exit, turn West on Alameda and travel several miles to the intersection with Rio Grande Ave. (If you reach the Rio Grande River, you have gone too far). Bachechi Open Space is located at the corner of Alameda and Rio Grande on the south side of Alameda. Park in the Alameda lot just West of Rio Grande Ave.

### **LODGING AND MEALS**

There are no meals and lodging provided for this course. Below are some lodging options. Camping is available at [Coronado Historic Site](http://www.townofbernalillo.org/depts/campground.htm) about 20 minutes from the course location right next to the Rio Grande River. <http://www.townofbernalillo.org/depts/campground.htm> A number of motels, hotels, extended stay hotels and AirBnb accommodations are available throughout the city of Albuquerque and close to the Open Space.

### **More Information:**

*Albuquerque Chamber of Commerce 505-764-3700*

### **COURSE POLICIES**

PETS ARE NOT ALLOWED AT THE COURSE SITE. This includes leashing them outside. Any student bringing a pet to class will be asked to leave until the pet is safely situated in a kennel or other facility. No exceptions.

NO ALCOHOL OR TOBACCO IS ALLOWED ON-SITE.

### **CONTACT INFORMATION**

Please contact us with any questions or concerns you may have.

Phone: 505-248-0563

Email: [tori@cottonwoodgulch.org](mailto:tori@cottonwoodgulch.org)

Web Site: [www.cottonwoodgulch.org](http://www.cottonwoodgulch.org)

