



Day Camp Packing List

*We cannot wait for you to join us on trek at The Cottonwood Gulch. One of the keys to a successful expedition is having just the right equipment. We **do** consider everything on this list to be essential.*

Cottonwood Gulch will provide all the necessary group gear. Here is a list of what you will need to bring each day that you attend:

What to wear:

- Hiking boots or durable sneakers
- Hiking socks
- Weather appropriate clothing
- Hat for sun protection
- Sunglasses (optional)

What to bring:

- 1 Backpack
- 1 lunch and snack
- Rain layer
- Gloves or mittens
- Warm hat
- Sunscreen
- 2-3 one-liter water bottles
- Journal and Pen
- Camera (optional)

**Please do not bring any weapons, food or gum, fireworks, personal electronics, or illegal substances.*